



**OPEN RUSSIAN**

**АЧЕРИ-КРОСС**



**RUN-ARCHERY**

**CHAMPIONSHIP**



**INFORMATION BOOKLET**

VER 2.2 ( 20 July 2012 )

**31. August - 03. September 2012**

**Yelabuga, Tatarstan region**

**[www.orrac2012.ru](http://www.orrac2012.ru)**





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On behalf of the Russian Archery Federation and the Organizing Committee I would like to invite you or your teams to take part in the OPEN RUSSIAN RUN-ARCHERY CHAMPIONSHIP (ORRAC), which will be held from August 31<sup>st</sup> till September 03<sup>rd</sup> 2012 in Yelabuga town (Tatarstan region).

Enclosed you will find all necessary information concerning schedule, contacts, registration, organization and other important facts with regards to the event.

You will find Russian hospitality and we hope you will enjoy your stay and let us know if there is anything we can do to make your visit more enjoyable.



Looking forward to welcoming you in Yelabuga.

Sincerely yours,

Vladimir Esheev

President, Russian Archery Federation  
Council member, WORLD ARCHERY  
Vice-president, WORLD ARCHERY Europe





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### PRELIMINARY PROGRAMME

This preliminary programme could slightly change according to number of participants and TV requirements. All changes will be published and distributed in advance.

31 <sup>st</sup> August, Friday	During the day 16:00-18:00 18:00-19:00 19:00-20:00	Arrivals, accreditation Unofficial training/Practice Team captain meeting Opening ceremony
1 <sup>st</sup> September, Saturday	10:00-12:30  14:00-15:30 16:00-18:00 18:00-19:00	Run-Archery Individual Regional Tournament Award ceremony Tour of the town Official training/Practice Team captain meeting
2 <sup>nd</sup> September, Sunday	9:30-12:30  14:00-15:30 16:00-18:00 18:00-19:00	Run-Archery Sprint National Open Russian Run-Archery Championship Award ceremony Run-Archery International Seminar Official training/Practice Team captain meeting
3 <sup>rd</sup> September, Monday	9:00-12:30  During the day	Rollerski-Archery Regional Tournament Award ceremony Closing ceremony Departures

#### Regional Tournament

Division by gender (Men/Women), Division by ages (Seniors/Juniors/Cadets)

#### National Championship

Division by gender (Men/Women)

#### Run-archery Individual

Separate in 30 seconds start intervals by random draw. 5 running laps. 4 shooting positions – stand-kneel-stand-kneel, 4 targets and 4 arrows per each shooting, for each miss – 70 meter penalty lap. All men run 5 laps by 1 km, all women run 5 laps by 0.8 km

#### Run-archery Sprint

Two rounds – qualification one and finals. 3 running laps by 400 meter, 2 shootings positions – stand-kneel, 4 targets and 8 arrows per each shooting, for each miss – 70 meter penalty lap. In qualification separate in 30 seconds start intervals by random draw. The best 30 proceed to finals(quarter-, semi-, final), heats of different formats with mass-start by 6 competitors





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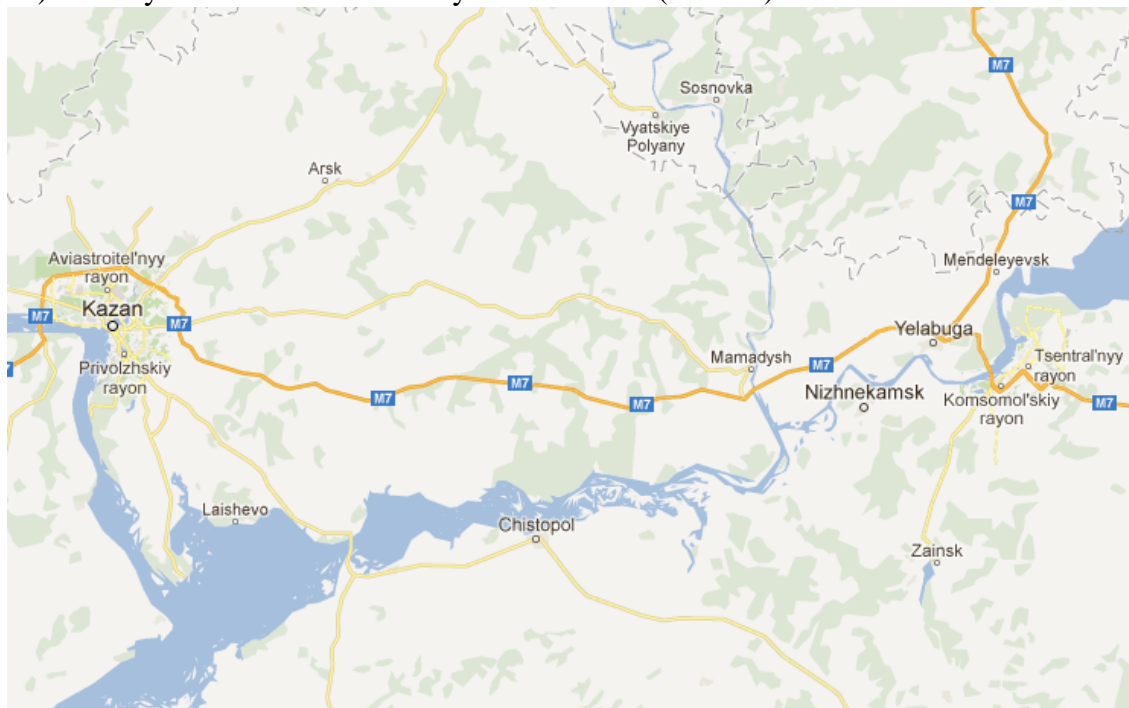
### Rollerski-archery

Combination of rollerski running and archery. All men run laps by 1,3 km, all women run laps by 1,0 km. Two rounds – qualification, separate in 30 seconds start intervals by random draw, 3 running laps, 2 shootings positions – stand-kneel, 4 targets and 8 arrows per each shooting, shooting goes on until all targets are hit else competitor continues to run. Best 20 participants proceed to final. In final simultaneous mass-start, 5 running laps, 4 shootings positions – stand-stand-kneel-kneel, only one any target among four per each shooting must be hit, 4 arrows per each shooting, if no one target is hit then the competitor withdrawn

### YELABUGA

Yelabuga is a town in the Republic of Tatarstan, Russia, located on the right bank of the Kama River and 200 kilometers east from Kazan. Altitude about 70 m above sea, time GMT +3. Its history dates back to the 11<sup>th</sup> century, when a Volga Bulgarian border castle was established. The castle was later abandoned, and its remains are now known as Shaytan's castle. In the second half of the 16<sup>th</sup> century, a Russian village was founded on the same spot. Yelabuga serves as the administrative center of Yelabuzhsky District. Town is also the birthplace of famous Russian painter Ivan Shishkin.

It is really easy to get there. There is couple options, but main one is either to fly to Kazan and then by bus(~3,5 hrs) or to fly to Moscow and then by train to Kazan(~12 hrs).





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## GENERAL INFORMATION

### Organizers

#### Organizing Committee

Russian Archery Federation  
Luzhnetskaya nab. 8-266, Moscow, 119992, Russia  
Phone: : +7 495 725 46 91  
Fax: +7 495 725 46 91  
E-mail: [ruserco@roc.ru](mailto:ruserco@roc.ru)

#### Competition organization official contacts

Mr. Vladimir Esheev		President		<a href="mailto:ruserco@roc.ru">ruserco@roc.ru</a>
Mr. Vladimir Matveev (Russian, written English, 8-22 hrs)		Competition organization, chef	Mob: +7 926 590 89 60	<a href="mailto:matveev.orrac2012@gmail.com">matveev.orrac2012@gmail.com</a>
Mr. Maxim Menshikov (Russian, English, German, 8-22 hrs)		Secretary General of competition	Mob: +7 926 134 54 57	<a href="mailto:menshikov.orrac2012@gmail.com">menshikov.orrac2012@gmail.com</a>

### Accommodation

To reserve rooms it is recommended to address to competition contacts of organizers. Full board ~ from €30, as early reserved as cheaper it is.

### Accreditation

Upon your arrival

### Antidoping

Doping is fundamentally contrary to the spirit of sport. The organizers of ORRAC 2012 are committed to doing everything required to support the official anti-doping authorities in the successful and transparent realization of their work. Anti-Doping Code and its rules shall be enforced during ORRAC 2012. With the entry by names the participant or the team confirms adherence to anti-doping rules for all persons entered





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### Arrival/Transportation

To arrange your transportation (and not only after arrival in Russia) in the best way please address to competition contacts of organizers. For your information - train Moscow-Kazan ~ €30-€60 per one way, transfer Kazan-Yelabuga-Kazan upon request.

### Competition Office

Archery venue in Yelabuga

### Competition Rules

#### Run-Archery

- 1) Equipment in accordance with article 35.33. Appendix A of Chapter 11 of World Archery C&R Book 5, concerning and with regards to the out of snow period
- 2) The organizer will not be responsible for any damage while hit or miss system targets shooting of non-aluminum arrows. Allowed only aluminum arrows with semispherical points (*if required the Organizer provides such XX75 arrows of 1516, 1616, 1716, 1816, 1916 or 2016 sizes free of charge by final entries due 25<sup>th</sup> July, please address to competition contacts of organizers*)
- 3) Bow and arrows are carried by competitors themselves, permitted any combinations of carrying – in a hand or on a back using arrow harness or shoulder straps
- 4) Competition starts and finish with running lap
- 5) Shooting target is 16 sm in diameter and shooting distance is 18 meters
- 6) “HIT or MISS” shooting system is used
- 7) Two shooting positions:
  - 8.1) Standing – competitors shall shoot from a standing position and without support, with both feet behind a marking of shooting line
  - 8.2) Kneeling - competitors shall shoot in the kneeling position, behind a marking of shooting line, shall place one knee on the ground and the chest should remain upright
- 8) Appeals (Article 35.28.), Penalties (Article 35.29.), Disciplinary Measures (Article 35.30.), Prohibitions and Sanctions for non-competing Persons (Article 35.31.) are in accordance with respective articles of Chapter 11 of World Archery C&R Book 5, concerning and with regards to the out of snow period

#### Rollerski-Archery

- 1) in principal all ski-archery rules of article 35, chapter 11 of World Archery C&R Book 5 apply, given that fact that running on rollerski and concerning and with regards to the out of snow period
- 2) Helmets and sunglasses are obliged to be used
- 3) Only one type of rollerski («START SKATING 71») is permitted





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### Entries

You have to fill in enclosed **Entry form** (in .doc format available for download at website).

Please send this form completed to the Organizing Committee(OC) and competition contacts.

**Note:** *by early final entry(not later than 25<sup>th</sup> July) the OC can compensate for some participation expenses, please address to competition contacts of organizers as early as possible.*

The OC after receiving your final entry will contact you to coordinate final registration (to be watched at "Entry List" in home page of competition website) and all other matters concerning your participation in the event

Entry Fee      No entry fees

### Liability and Insurance

The organizer will not be held liable for any injuries to persons or material damage. All participants must have an adequate accident and health insurance. With the entry by names the participant or the team confirms existence of the required insurance for all persons entered.

In hours of time of competitions at archery venue an ambulance car with a physician, a nurse and a paramedic will be on duty throughout the tournaments.

*In case of an emergency or life threatening situation call 112 (also from mobile) for immediate services*

### Scene of competition

Archery venue – Central stadium in Yelabuga town

### Visas

All participants who will need entry visas for Russia are kindly requested to contact the organizer which will assist you for getting visas. IT IS IMPORTANT TO REVIEW THE ELIGIBILITY AND PASSPORT REQUIREMENTS TO ENSURE YOU MEET ALL THE CRITERIA BEFORE MAKING YOUR TRAVEL ARRANGEMENTS.

#### **PLEASE KEEP IN MIND:**

- The Organizing Committee cannot guarantee you will receive a VISA and the Organizing Committee cannot provide special clearances if you are denied or apply too late. Also note that the application and interview process in your country may vary
- According to Russian laws carrying a bow through the boarder must have special permission, only inquiries via the Organizing Committee will satisfy with this requirement

### Weather

Average estimated High Temp in end of August/beginning of September: 22°C

Estimated average Low Temp in end of August/beginning of September: 12 °C

The website Weather <http://www.intellicast.com/Local/Weather.aspx?unit=C&location=RSXX1228>





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### Deadlines

We kindly ask you to respond not later than the following:

Partially paid & free gratis aluminum arrows Final Entries Due:	25 July 2012
Preliminary Registrations Due:	1 August 2012
Final Entries Due:	10 August 2012
Hotel Reservation, Transportation arrangements Due:	10 August 2012
Visa Invitation Letter Form:	AS EARLY AS POSSIBLE!

### MEDIA

#### Options for media

There are possibilities for media support throughout the competitions:

- Internet, e-media, website – Golenev Dmitriy
- TV, mass-media – Matveev Vladimir
- Menshikov Maxim

[golenev.d@gmail.com](mailto:golenev.d@gmail.com)

competition contacts of organizers

#### Options for Sponsors

- your advertising material at prominent places
- your logo on the bows and start bibs of participants
- your logo at website and in invitation package
- your company banner will be showcased during the event
- you can also suggest your company logo for the advertisement of the event
- sponsorship would be highlighted in announcements to the community, during the introduction at the event itself and in an article about the event to be published in media
- you and any other representatives would be most welcome to attend so that we could thank you personally for your support.

In case of any queries, please feel free to contact us by phone or by mail by competition contacts of organizers.

Thanking you,

Sincerely yours,

Vladimir Matveev  
Chef of Competition organization

Maxim Menshikov  
Secretary General of competition







РОССИЙСКАЯ  
ФЕДЕРАЦИЯ  
СТРЕЛЬБЫ ИЗ ЛУКА  
119992, МОСКВА, ЛУЖНЕЦКАЯ НАБ., Д. 8, КОМ. 266



RUSSIAN  
ARCHERY  
FEDERATION

LUZHNETSKAYA NAB., 8-266, 119992, MOSCOW, RUSSIA



Телефон/факс: +7 495 725 46 91 e-mail: rusarco@roc.ru

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## FINAL ENTRY BY NAME TEAM FORM

National Association or Club name				Contact person		
Address	Street, house №				Phone	
	Country	City			Fax	
	Postal code				E-Mail	
№	Surname	Name	Date of birth (DD.MM.YYYY)	Function	Gender	XX75 --16 arrow size/length
1				Team captain	male	
2				Official	female	
3				Coach		
4				Physician		
5				Athlete		
6				...		
7						<i>To be filled in only if required and only by final entries due 25<sup>th</sup> July. The organizer in such case provides free of charge aluminum 15-, 16-, 17-, 18-, 19-, or 2016 XX75 arrows.</i>
8						
9						

... Please continue if necessary.

!!! PLEASE FILL IN THIS FORM IN TYPING

Date \_\_\_\_\_ Signature \_\_\_\_\_ President / Secretary General : \_\_ (Surname, Name) \_\_\_\_\_ ,

**with the signature above I certify that all above mentioned persons have adequate accident-health insurance and undertake to comply the anti-doping rules.**

PLEASE SUBMIT FINAL ENTRY FORM TO ORGANIZING COMMITTEE :

- Russian Archery Federation, Luzhnetskaya nab. 8-266, Moscow, 119992, Russia, Phone/Fax : +7 495 725 46 91, preferably by email to [rusarco@roc.ru](mailto:rusarco@roc.ru) and
- Competition Chef, Mr. Vladimir Matveev, preferably by email to [matveev.orrac2012@gmail.com](mailto:matveev.orrac2012@gmail.com) or
- Secretary General of Competition, Mr. Maxim Menshikov, preferably by email to [menshikov.orrac2012@gmail.com](mailto:menshikov.orrac2012@gmail.com)



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## FINAL ENTRY BY NAME INDIVIDUAL FORM

National Association or Club name				Contact person		
Address	Street, house №				Phone	
	Country	City			Fax	
	Postal code				E-Mail	
№	Surname	Name	Date of birth (DD.MM.YYYY)	Function	Gender	XX75 --16 arrow size/length
1				Official	male	
				Coach	female	<i>To be filled in only if required and only by final entries due 25<sup>th</sup> July. The organizer in such case provides free of charge aluminum 15-, 16-, 17-, 18-, 19-, or 2016 XX75 arrows.</i>
				Athlete		
				...		

!!! PLEASE FILL IN THIS FORM IN TYPING

Date

Signature

\_\_\_\_\_(Surname, Name)\_\_\_\_\_ ,

**with signature above I certify that I have adequate accident-health insurance and undertake to comply the anti-doping rules.**

PLEASE SUBMIT FINAL ENTRY FORM TO ORGANIZING COMMITTEE :

- Russian Archery Federation, Luzhnetskaya nab. 8-266, Moscow, 119992, Russia, Phone/Fax : +7 495 725 46 91, preferably by email to [rusarco@roc.ru](mailto:rusarco@roc.ru) and
- Competition Chef, Mr. Vladimir Matveev, preferably by email to [matveev.orrac2012@gmail.com](mailto:matveev.orrac2012@gmail.com) or
- Secretary General of Competition, Mr. Maxim Menshikov, preferably by email to [menshikov.orrac2012@gmail.com](mailto:menshikov.orrac2012@gmail.com)